



# Product Data Sheet

October 2015

Product Name:

## Brown Rice w Pinto Beans

**READY TO EAT**  
**Just Pour Out And Heat**



<b>Nutrition Facts</b>	
Serving Size 4 oz (113g)	
Servings Per Container 9	
Amount Per Serving	
<b>Calories</b> 170	Calories from Fat 35
% Daily Value*	
<b>Total Fat</b> 4g	<b>6%</b>
Saturated Fat 0.5g	<b>4%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 220mg	<b>9%</b>
<b>Total Carbohydrate</b> 27g	<b>9%</b>
Dietary Fiber 2g	<b>10%</b>
Sugars 0g	
<b>Protein</b> 4g	
Vitamin A 0%	• Vitamin C 2%
Calcium 2%	• Iron 6%

**Package: BPA Free Pouches, 8" X 15", 36 oz**

**Ingredients:** Water, Rice, Pinto Beans, Garlic, Salt, Spices.

**Heating:** Boil in the bag, or partially open at the notch for venting, and microwave for 1-2 min. Can also heat the contents in conventional ways in a pan on the stove top on low heat with two tablespoons of water sprinkled on rice.

<b>Item Number:</b> 20832	<b>Pack Size:</b> 36 oz ( 9 X 4 oz servings)	<b>Case:</b> 18" X 14" X 6"
<b>Net Case Wt:</b> 19 lb	<b>Packs per case:</b> 8 ( 2 ¼ lb each)	<b>Case Cube:</b> 0.55
<b>Pallet Count:</b> 66	<b>Pallet TiHi:</b> 6 X 11	
<b>Country of Origin:</b> USA	<b>Storage Condition:</b> Ambient	<b>Shelf Life:</b> 18 months



**Cooked and Packed  
in the USA.**

