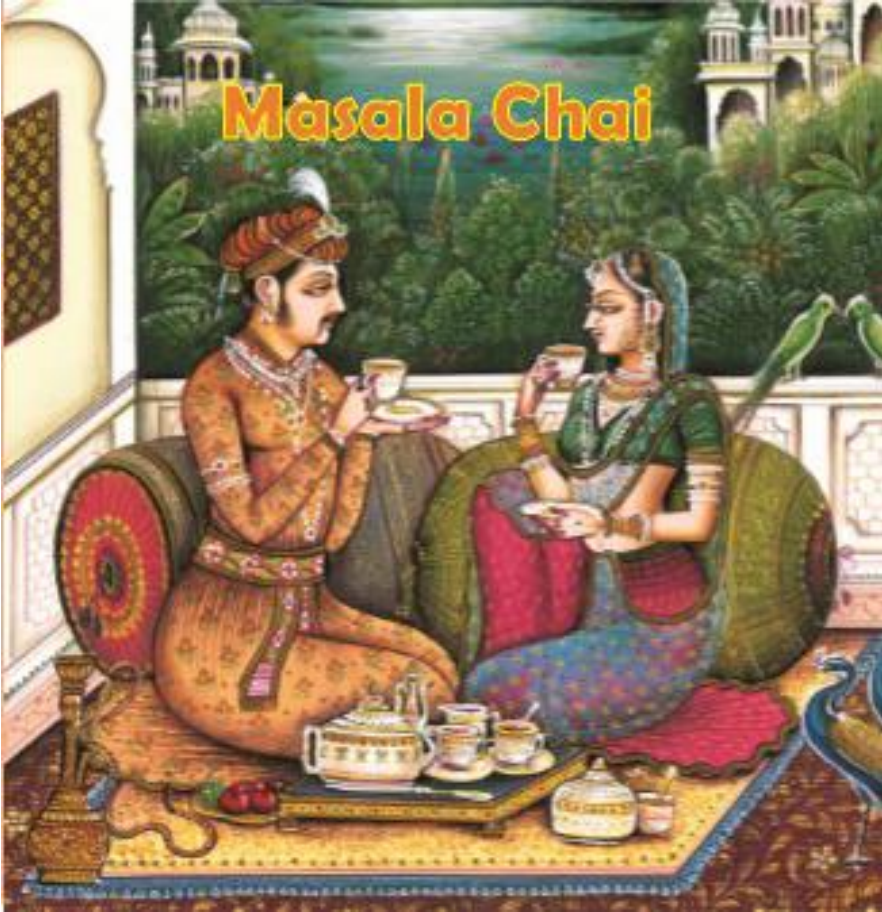


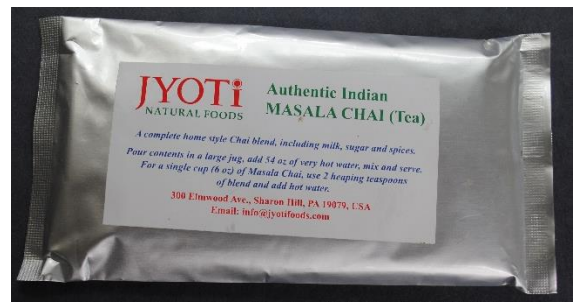
Masala Chai



This is the cover of the small, 2" X 2" neck-hanger on the jar.



Masala Chai is packed in a beautiful glass jar, 150 g. The jar has a neck-hanger with most of the information in this sheet. An economical 150 g refill pack as shown below is also offered.



Refill Pouch

MASALA CHAI is an infusion of black tea and spices of India in boiling water with added milk and is traditionally served with sugar. JYOTI Masala Chai is a complete and exquisite blend of all the traditional ingredients. Its wonderful aroma comes from the Assam black tea and spices which also provide important *Ayurvedic* health benefits.

DIRECTIONS: Add two really heaping teaspoons, 20 g, of this blend to a teacup (not a mug) of hot water. Mix well and enjoy.

Use it in place of sugar in a bowl of hot cereal for a gourmet variation. A famous chef in Colorado uses this blend in some puddings.

Tea is one of the most ancient and popular beverages consumed around the world. The black tea making process involves a step of aeration of the cut, withering green leaves for several hours which oxidizes the flavonoids as well as darkening the leaves' color.

Being a very high source of antioxidants, black tea is said to slow down aging process and age induced diseases. By making tea a common part of everyday food intake one can improve the body's immune system. Spices add to the wonderful aroma and health benefits of this blend.

INGREDIENTS: Part Skim Milk Powder, Sugar, Tea extract, cardamom, black pepper, ginger, cinnamon, clove.

| Nutrition Facts | |
|---------------------------|----------------------|
| Serving Size 14 g | |
| Servings Per Container 10 | |
| Amount Per Serving | |
| Calories 60 | Calories from Fat 10 |
| % Daily Value* | |
| Total Fat 1g | 2% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 55mg | 2% |
| Total Carbohydrate 11g | 4% |
| Dietary Fiber 1g | 5% |
| Sugars 10g | |
| Protein 1g | |
| Vitamin A 0% | Vitamin C 4% |
| Calcium 6% | Iron 2% |